'WILD AND FREE'

CIRCLE, DANCE & SOUND JOURNEY FOR WOMEN.

Instagram: kathypopplewell_connection
Facebook: Kathy Popplewell Connection & Cairns Circles

Come for a morning to drop away from your many roles as woman and allow yourself to connect to, explore and unlock your inner wild and free within a group of big hearted, deep feeling, nature loving women.

Open to women of all ages and stages of life.

Sunday 22 November 2026.

10am til **1pm. CAIRNS.**

At Redlynch Community Hall *(Redlynch Community Kindy).*
Enter via Margaret Street.

Inquire and Book Now. Space for up to 20 women.

Also coming up with Kathy. ***Grief Circle for Women.***
Friday 13th November. 10.30am-12.30pm. Visit website or call to inquire.

For inquiries contact Kathy Popplewell on 0457 154 457 or to read more and RESERVE YOUR SPOT visit

www.kathypopplewell.com